

**NEXUS Alternative Program  
Cooperative Education  
Student Self-Evaluation**

Name:  
Date:  
Placement:  
Supervisor:

Part A- Performance Rating By Category

Evaluate your performance in each of the following categories. Use a number between 1-10 for each, with 10 representing “exceptionally excellent.”

Category	Rating (1-10)
Attendance	
Punctuality	
Effort at work	
Positive Attitude	
Accountability	
Problem Solving	
Interaction with co-workers/employer	
Coop hour sheets (signed and returned)	
<b>TOTAL:</b>	/80

Part B – Explaining Your Self-Evaluation Mark

How would you describe your performance at work? In the space below and on the other side of the sheet, state the mark out of 100 that you believe you deserve for coop and provide examples to explain why. Use full sentences in your answer, starting with “I believe that I deserve a mark of            out of 100 because.....”